

Self-Harm Treatment Group

8-WEEK PROGRAM FOR ADOLESCENTS

Tuesdays from 6:30–8:00pm, beginning 10/02/18



Group designed for ages 12–17 to provide education and creative self discovery, peer support, and a strong parent psycho-education component.

- ✓ Reduce cutting behaviors
- ✓ Develop deeper understanding of dynamics behind cutting
- ✓ Gain peer support
- ✓ Express self in healthy ways through creative expression
- ✓ Develop coping tools for life

COST: \$400 FOR 8 SESSIONS

LOCATION: CORTE MADERA

Christina Alexander Petersen, MFT35114, is a licensed therapist with over 24 years experience in Marin working with teens at-risk and their families. Claire Sebastian, LCSW73493, is a licensed therapist who has over 15 years experience working with teens and families in crisis.

Please contact Christina at (415) 260–2246 or Claire at (415) 529–6560 to learn more or register.